

PRIVATE LACTATION CONSULTANTS ST GEORGE AND SUTHERLAND AREA

International Board Certified Lactation Consultants (IBCLCs) are members of the health care team who have a specialist knowledge of, and primary focus on, breastfeeding. They are the experts whom mothers and other health professionals turn to when skilled assistance is required. IBCLCs are certified by the International Board of Lactation Consultant Examiners, Inc. under the direction of the US National Commission for Certifying Agencies. IBCLCs work in a wide variety of health care settings, including hospitals, paediatric offices, public health clinics, and private practice.

Lactation Consultants of Australia and New Zealand (LCANZ) is the professional organisation for International Board Certified Lactation Consultant's (IBCLC's)
<http://www.lcanz.org/find-a-lactation-consultant.htm>

At the time of this printing, the following local IBCLC's in private practice are published on the LCANZ website. Woman in the St George and Sutherland area may wish to choose from this list:

**Stacey Hahn St George/Sutherland areas 'Step by Step Parenting'
0458 536 137**

Dale Hansson Kogarah 'Premier Health' 9581 8888

Christina (Warren) Lutton St George/Sutherland areas 'All Maternal' 0425 766 051

Jennifer Naude St George/Sutherland areas 0424 201 731

**Lynne Daly St George/Sutherland areas 'Best 4 Bubs'
0414 478 047**

St George
Child & Family Health Centres
Breastfeeding Support Drop-In



For women living in the St George area who require support with breastfeeding.

Breastfeeding Support 9-10am (except Riverwood @ 1pm)
Women may attend any centre below to ensure prompt follow up with any breastfeeding difficulties. Bookings are not required
For more information about our services please refer to our .bsite

http://www.seslhd.health.nsw.gov.au/SGSHHS_CFHNL/

Monday
Rockdale – 16-18 King St, Rockdale ☎ 9087 8300



Riverwood @ 1pm – Cnr Keppell and Short St ☎ 9584 2778

Tuesday
Kogarah – St George Public Hospital Level 1, Burt Nielsen Wing ☎ 9113 1360

Brighton – 17 Hercules Road ☎ 9567 1240

Wednesday
Oatley - 26 Letitia St ☎ 9579 4400

Thursday
Mungsgrove - 30 Morgan St ☎ 9150 7522

Chinese speaking Hurstville
Suite 65, 23-27 MacMahon St ☎ 9580 2150

Friday
Hurstville - Suite 65, 23-27 MacMahon St ☎ 9580 2150

Updated Jan 2015

Sutherland Shire
Child & Family Health Centres



Centre Location	Telephone	Opening Days & Times	Parenting Group <small>Please check with clinic for schedule</small>
Caringbah 386 Port Hacking Road	9524-8292	8.30am – 5.00pm Tues and Thurs	Tuesday 10.00am – 12.00pm
Cronulla 37 Nicolson Parade	9523-5927	8.30am – 5.00pm Mon and Wed	Wednesday 10.00am – 12.00pm
Engadine 116D Caldera Road	9548-4300	8.30am – 5.00pm Tues, Wed and Fri	Friday 10.00am – 12.00pm
Gymea 39 Gymea Bay Road	9524-2838	8.30am – 5.00pm Mon and Thurs	Monday 10.00am – 12.00pm
Menai 32 Allison Crescent	9543-1111	8.30am – 5.00pm Tues, Wed and Fri	Tuesday 10.00am – 12.00pm
Miranda 95 Karimba Road	9524-7551	8.30am – 5.00pm Tues and Thurs	Thursday 10.00am – 12.00pm
Sutherland 749C Old Princes Highway	9521-3818	8.30am – 5.00pm Tues, Thurs, Fri	Friday 10.00am – 12.00pm

Breast Feeding Support 0-12 weeks

BF Clinics: (No appointment required)

Gymea: Mon 9am
Cronulla: Wed 9am
Miranda: Thurs 9am
Engadine: Fri 9am

Appointments: (Ring clinic for appt)

Sutherland: Tuesday
Menai: Wednesday
Caringbah: Thursday

Breastfeeding Clinics

we held at Possum Cottage weekly. Talk to you GP and Family Health nurse for referral.

Parenting Groups

Please telephone your designated centre for all appointments and information about parenting groups

WEBSITE: www.seslhd.health.nsw.gov.au/SGSHHS_CFHNL/

QR Code



In order to provide a more efficient and personalised service, the Child & Family Health centres in the Sutherland Shire do not have a drop in service for appointments. You need to make an appointment if you wish to see the Child & Family Health Nurse. Thank you.